

# LAUNCHING TOWARDS A FUTURE WITHOUT VIOLENCE

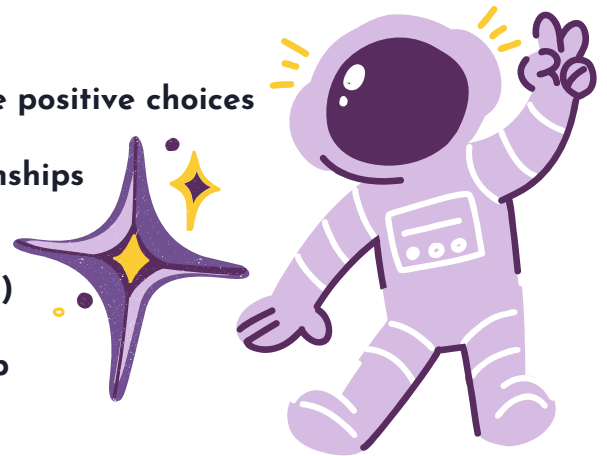
Harbor House's Domestic Violence  
Prevention Program

## Youth Programs

Harbor House's youth prevention programs are thoughtfully designed to equip young people with the knowledge and skills to recognize and respond to domestic violence and unhealthy relationships. From early childhood education that introduces basic concepts of safety and respect, to more in-depth discussions in middle and high school, and comprehensive training in college, we provide students with the knowledge and skills they need to recognize and respond to these issues effectively.

### Topics Include:

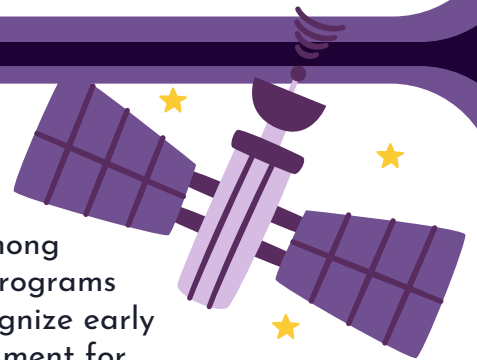
- Developing empowerment and self-esteem to make positive choices
- Defining healthy relationships and boundaries
- Identifying signs of healthy and unhealthy relationships
- Online and digital safety
- Healthy boundaries
- Different types of abuse (age-appropriate content)
- Bullying and cyberbullying
- Supporting a friend/family member who seeks help
- Their Story: Teen Edition
- Overview of Harbor House services



We are also committed to meeting your student body's needs and are happy to accommodate any additional topics you would like to explore.

## Educator Support

We understand that teachers and school staff play a crucial role in identifying and addressing signs of domestic violence among students. To empower educators, we offer specialized training programs that provide them with the tools and knowledge needed to recognize early warning signs, respond appropriately, and create a safe environment for students. Our workshops cover trauma-informed practices, effective communication strategies, and how to connect students with appropriate resources. By equipping educators with these skills, we aim to foster a supportive school community where every student feels safe and valued, and where the impact of domestic violence can be mitigated.



## CONTACT US TO LEARN MORE!

✉ [community@harborhousedv.org](mailto:community@harborhousedv.org)

☎ 815-932-5814



[linktr.ee/harborhousedv](https://linktr.ee/harborhousedv)



# EDUCATOR RESOURCES

## For Domestic Violence Prevention

Click the live links to view these impactful resources!

### Things to Read

[Trauma Informed Care for Children Exposed to Domestic Violence](#)

[Talking to Children About Violence: Tips for Parents and Teachers](#)

[Positive Childhood Experiences and Adult Mental Health](#)

### Things to Watch

[The Timekeeper](#)

[A Call to Connection: Making Childhood Trauma Personal | Dr. Allison Jackson | TEDxRVA](#)

[Know More, Do More: Stalking and Teen Dating Violence](#)

### Places to Visit

[Love Is Respect](#)

[One Love](#)

[Stalking Prevention, Awareness and Resource Center](#)

[Veto Violence: Dating Matters](#)

[Stop Bullying](#)



### Things to Do

- Make conversations about teen dating violence and healthy relationships a common practice in the classroom
- Activate student leadership on the issue through youth activism and community service
- Reach out to Harbor House to facilitate in-depth training for staff, presentations for students and provide additional resources

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